

HOW CAN YOU HELP?

By organizing a food drive at your church, school, or community organization, or by donating food at our office during our monthly collection days. For more information, please contact our volunteer coordinator at volunteer@christopherskitchen.org.

Christopher's Kitchen is limited to collecting food that is **shelf stable**, in an individual packet format, and not expired. **Shopping list suggestions:**

IN-HOSPITAL FOOD PANTRIES:

- Macaroni & Cheese cups
- Cans of Soup – broth based
- (pull-top lids only)
- Cup of Noodles
- Ramen Noodles
- Pop Tarts
- Granola Bars
- Snack Pack Puddings
- Snack Pack Jello
- Fruit Bars
- Cereals (single packs/cups)
- Dried Fruits
- Tuna/Chicken Salad Kits
- Trail Mix
- Hormel Compleats Meals
- Meal Replacement Protein Bars
- Peanut Butter Cracker packages
- Cheese Cracker packages
- Single serving Pretzels, Goldfish, etc.
- Single serving Raisins boxes
- Cookie Packs
- Rice Crispy Treats
- Fruit Cups
- Applesauce Cups
- Oatmeal (single packs/cups)
- Snack Assortments
- Gluten Free Snack Assortments
- Water Flavor Packets (Crystal Light, Mio, Drip Drop)
- Gatorade
- Juice
- Single Serving Vegetables

FOOD INSECURITY TAKE-HOME BAGS:

- Shelf-Stable Milk
- Peanut Butter
- Jelly
- Pancake Mix
- Syrup
- Mac & Cheese (boxes)
- Cream of Mushroom Soup (pull-top lid)
- Canned Tuna
- Dried Pasta
- Pasta Sauce
- Saltines
- Cereal (box or bag)
- Rice a Roni

THANK YOU FOR HELPING!

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