

HOW YOU CAN HELP

By organizing a food drive at your church, school, office, or community organization, or by donating food at our office during our monthly collection days. For more information, please contact our volunteer coordinator at volunteer@christopherskitchen.org.

Christopher's Kitchen is limited to collecting food that is shelf stable, in an individual packet format, and not expired. **Shopping list suggestions:**

In-Hospital Food Pantries:

Macaroni & Cheese cups	Peanut Butter Cracker packages
Cans of Soup – broth based (pull-top lids only)	Cheese Cracker packages
Cup of Noodles	Single serving Pretzels, Goldfish, etc.
Ramen Noodles	Single serving Raisins boxes
Pop Tarts	Cookie Packs
Granola Bars	Rice Crispy Treats
Snack Pack Puddings	Fruit Cups
Snack Pack Jello	Applesauce Cups
Fruit Bars	Oatmeal (single packs/cups)
Cereals (single packs/cups)	Snack Assortments
Dried Fruits	Gluten Free Snack Assortments
Tuna/Chicken Salad Kits	Water Flavor Packets (Crystal Light, Mio, Drip Drop)
Trail Mix	Gatorade
Hormel Compleats Meals	Juice
Meal Replacement Protein Bars	Single Serving Vegetables

Food Insecurity Take-Home Bags:

Shelf-Stable Milk	Canned Tuna
Peanut Butter	Dried Pasta
Jelly	Pasta Sauce
Pancake Mix	Saltines
Syrup	Cereal (box or bag)
Mac & Cheese (boxes)	Rice a Roni
Cream of Mushroom Soup (pull-top lid)	

DROP OFF LOCATION: 7218 Church Avenue, Ben Avon, PA 15202

THANK YOU FOR HELPING!